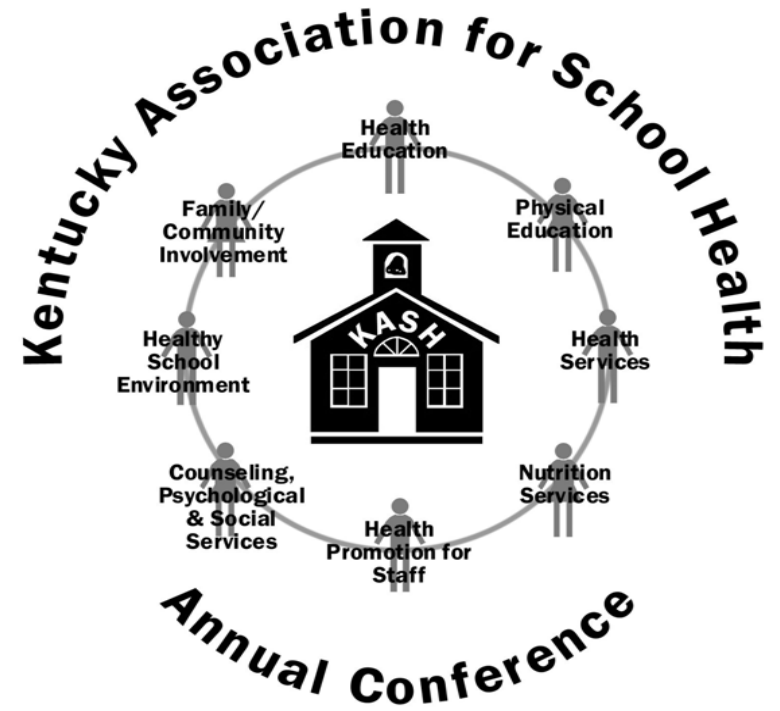


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Kentucky Association for School Health
C/O Amy Pocat-Majewski
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Don't forget to visit your KASH Website at
www.kyschoolhealth.org!



Advocacy for Student Health and School Success

Conference 2003
is offered in conjunction with The Education
Section of the Kentucky Public Health
Association (KPHA), Kentucky Area Health
Education Centers

April 2, 2003
Executive West Hotel
Louisville, KY

MISSION & OBJECTIVES

In keeping with their mission, the Kentucky Association for School Health is proud to present the annual conference entitled **Advocacy for Student Health and School Success**.

Conference Goal: To increase participants' knowledge of coordinated school health programs and resources that will lead to enhanced academic outcomes for students.

Conference Objectives:

- Participants will be able to advocate the development or improvement of coordinated school health programs in their schools.
- Participants will be able to identify and better utilize resources that are currently available in their school or community.
- Participants will be able to identify potential collaborative partners for implementing coordinated school health programs.

RECOMMENDATION FOR NOMINATION KENTUCKY ASSOCIATION FOR SCHOOL HEALTH BOARD OF DIRECTORS

Do you know of anyone who would be an outstanding member of the KASH Board of Directors? We are currently accepting nominations for President-Elect and Councilor.

Please send the nominee's name, full mailing address, his/her phone number(s), email address, and current position and your name, email address and phone number to: Bonnie Ciarroccki, 2515 Manchester Rd, Louisville, KY 40205.

Deadlines for all recommendations must be sent by **February 19, 2003**.

Terms of office: the President-Elect serves for a one year term and may be re-elected; the Councilor serves a three-year term.



(cut along line)

REGISTRATION FORM

Kentucky Association for School Health (KASH)

2003 Annual Conference

April 2, 2003

Executive West Hotel
Louisville, Kentucky 40209

REGISTRATION FORM

(please print)

Name _____

Organization _____

Position _____

Work/Home Address (please indicate) _____

Daytime Phone (____) _____ FAX (____) _____

E-mail Address _____

Registration Fees:

Please mark the appropriate blanks and total your fees below.

____ \$30 KASH Membership _____ \$5 KASH Student Membership

____ \$65 Conference Pre-Registration _____ \$20 Student Registration

____ \$95 Non Member Pre-Registration

____ \$90 On Site Member Registration

____ \$110 On Site Non-Member Registration

(NOTE: Nursing CEU and CHES CEU registration and fees will be handled on-site.)

Total Enclosed \$ _____

*For Pre-Registration, please enclose check (no P.O.'s accepted) with registration form and mail no later than **March 15, 2003** to:*

Jim Tackett, KASH Treasurer
590 Whetstone Creek Rd.
Eubank, KY 42567

REGISTRATION INFO

Kentucky Association for School Health (KASH)
 2003 Annual Conference
 April 2, 2003
 Executive West Hotel
 830 Phillips Lane
 Louisville, Kentucky 40209

REGISTRATION: Includes a **breakfast buffet**, **awards luncheon**, and all conference materials and presentations. The best conference price deal includes a one year KASH membership (\$30) and Conference 2003 registration (\$65). So, join KASH and register early!

CEUs: Nursing CEUs and Certified Health Education Specialist (CHES) CEUs have been applied for and awaiting approval.

DEADLINE for pre-registration is **March 15, 2003**. *Purchase orders will not be accepted.* If you would like to receive a receipt in advance, please enclose a self-addressed stamped envelope with your registration. **Please make checks payable to KASH** and send the check and registration form to: Jim Tackett, 590 Whetstone Creek Rd., Eubank, KY 42567..

LODGING: Available at the Executive West Hotel. Please call the hotel directly @ (502) 367-2251 to make reservations. Check in time is 3:00 p.m. and check out time is 12 noon. There is a gift shop, flower shop, an indoor pool, the Tea Room restaurant, and the Booze Cellar Lounge in the hotel complex.

DANCE RECEPTION: KASH participants are welcome to attend the free KPHA sponsored dance reception on Wednesday, April 2, 2003.

CONFERENCE AGENDA

Wednesday, April 2, 2003

- 8:30 - 10:00 a.m. Breakfast, Business, and Bonding**
- 10:00 - 10:30 a.m. Break- Visit Exhibits Booths!**
- 10:30 - 11:30 a.m. Concurrent Sessions**
- 11:30 - 1:00 p.m. KASH Luncheon and Keynote**
- 1:00 - 2:30 p.m. Concurrent Sessions**
- 2:30 - 3:00 p.m. Break- Visit the Exhibits!**
- 3:00 - 4:30 p.m. Concurrent Sessions**
- 6:30 p.m. KPHA President's reception**
- 8:00 p.m. KPHA Dance**

PROGRAM DESCRIPTIONS

Wednesday, April 2, 2003

8:30 - 10:00 a.m.

Breakfast, Business and Bonding

Amy Majewski, B.S., RN KASH President

KASH Overview (mission, strategic plan, etc.)

10:30 - 11:30 a.m. Concurrent Sessions

(1) Cultural Diversity and Communication

Mr. Darren Murphy

(2) Battling Childhood Obesity: How Schools Can Help

Carolyn Dennis, M.S., Nutritionist, Fayette Co Health Department

11:30 - 1:00 p.m. KASH Luncheon and Keynote Address

Making the Connection: Health, Behavior and Student Success

Jim Tackett, B.A., M.A., KDE Cardiovascular Health Coordinator, KY Dept of Education

- Awards
- Recognitions
- Legislative Acknowledgements

1:00 - 2:30 p.m. Concurrent Sessions

(1) Using Opinion Polling for Anti-tobacco Advocacy

Dr. Richard Wilson

Dr. Tom Nicholson

Dr. David Duncan

(2) Worksite Health Promotions (still tentative)

Dr. Cecilia Watkins

(3) Physical Activity Across the Lifespan

Sarah Levin, PhD., Assistant Professor of Health Education Morehead State University

AWARDS NOMINATION FORM

Please Choose One Award Category:

- | | |
|--|--|
| <input type="checkbox"/> Individual | <input type="checkbox"/> Group |
| <input type="checkbox"/> School Nurse of the Year | <input type="checkbox"/> Honorary Life |
| <input type="checkbox"/> Health Educator of the Year | <input type="checkbox"/> Herman S. Bush |
| <input type="checkbox"/> Other | |

Nominee: _____

Affiliation: _____

Address: _____ **Phone:** _____

_____ **FAX:** _____

_____ **E-mail:** _____

Is the nominee a member of KASH? ___ Yes ___ No

Please give a brief description of activities/accomplishments meriting consideration for a KASH award (use additional pages if necessary). _____

Nominated by: _____

Address: _____ **Phone:** _____

_____ **FAX:** _____

_____ **E-mail:** _____

OFFICERS AND AWARDS

NOMINATIONS FOR KASH OFFICERS

We are soliciting nominations for the following offices: President (Elect) and one Councilor. Please confirm with each nominee that he/she is willing to serve if elected. Submit the nominee's name, address, and phone number by February 19, 2003 to **Bonnie Ciarroccki** (address listed below).

KASH AWARDS

Provided below is a brief description of the individual and group awards that may be presented by KASH at the annual conference. Please take a few moments to nominate a worthy colleague who has made significant contributions to improve the health of Kentucky's children, through the implementation, or promotion of coordinated school health.

INDIVIDUAL - Awards may be granted in any or all of the following categories each year:

1. **School Nurse of the Year**
2. **Health Educator of the Year**
3. **Other** individuals who have made significant contributions to coordinated school health in Kentucky.

GROUP - Award may be granted to groups (schools or school districts, college groups, voluntary agencies, official agencies, sponsored agencies, professional associations, service organizations, etc.) who have made significant contributions or a contribution to coordinated school health in Kentucky.

HONORARY LIFE - Granted by the Awards Committee, with approval by the Executive Board, to persons who have rendered service to the Association over an extended period of years. Normally, the individual is retired or nearing retirement, and is at least 60 years of age.

HERMAN S. BUSH - KASH's highest award, which may or may not be given every year, and never more than one per year. This special recognition is granted to individuals who personify ideals of health, service, and humanitarianism in their professional lives and have made significant contributions to coordinated school health in their work in the Commonwealth of Kentucky.

Please make nominations for any of the above mentioned awards by completing the enclosed KASH Nomination Form. **Send Awards and/or Officer nominations no later than February 19, 2003 to:**

Bonnie Ciarroccki
2515 Manchester Road
Louisville, KY 40205
Email: ciarroccki@aol.com

PROGRAM DESCRIPTIONS

(4) **Healthy Kids = Better Learners (Panel discussion)**

Bonnie Ciarroccki, B.S., M.A.T., CHES *Health Promotion Schools of Excellence Coordinator* ;
 Eva Stone, B.S. , RN, *School Health Coordinator Lincoln Co Board of Education*;
 Margie Bradford, RN, *Bardstown Independent, Past President of KSBA, and member of National School Boards Association Board of Directors*

2:30 - 3:00 p.m. Break- Visit Exhibits Booths

3:00 - 4:30 p.m. Concurrent Sessions

(1) **Barren River SAPO teams**

Diane Sprowl and other team members

(2) **Physical Activity Across the Lifespan**

Sarah Levin, PhD., Assistant Professor of Health Education Morehead State University

(3) **Healthy Kids = Better Learners (Panel discussion)**

Bonnie Ciarroccki, B.S., M.A.T., CHES *Health Promotion Schools of Excellence Coordinator* ;
 Eva Stone, B.S. , RN, *School Health Coordinator Lincoln Co Board of Education*;
 Margie Bradford, RN, *Bardstown Independent, Past President of KSBA, and member of National School Boards Association Board of Directors*

6:30 p.m. KPHA President's reception

8:00 p.m. KPHA Dance

KASH HEALTH STUDENT SCHOLARSHIP INFO

DEADLINE: FEBRUARY 19, 2003 (postmarked)

The Kentucky Association for School Health (KASH) offers \$250.00 scholarships to students enrolled in **undergraduate** health education programs at accredited Kentucky colleges and universities.

Financial need, academic achievement, personal remarks, career plans and school/community services will be considered. **You must have at least one semester of undergraduate work to qualify for this scholarship.** Late or incomplete applications will be disqualified.

Mail the application form with:

1. One copy of your official school transcript
2. A one-page letter of recommendation from a health education professional
3. Personal essay (two pages, typed, double-spaced)

Additional copies of this application are available online at our website www.kyschoolhealth.org.

Checks will be issued in the name of the recipient and the school.

Mail the required information to:

Bonnie Ciarroccki
2515 Manchester Road
Louisville, KY 40205
Email: ciarroccki@aol.com

KASH HEALTH STUDENT SCHOLARSHIP FORM

Name: _____

Address: _____

City: _____ Zip: _____

Phone (____) _____ Date of Birth: _____

Annual Family Income (please choose one)

- | | |
|--|--|
| <input type="checkbox"/> Below \$25,000 | <input type="checkbox"/> \$35,000-\$45,000 |
| <input type="checkbox"/> \$25,000-\$35,000 | <input type="checkbox"/> Over \$45,000 |

List other scholarships, financial aid or grants received: _____

Name of school you are currently attending: _____

School Address: _____

City: _____ Zip: _____

Credit hours needed to complete degree: _____

Anticipated date of graduation: _____ **Current GPA:** _____

Major: _____ **Minor:** _____

Reason for need of scholarship (use additional pages if necessary):

Are you a member of KASH? Yes _____ No _____

Signature _____ **Date** _____